

**CARRS: SURVEILLANCE STUDY****BLOOD PRESSURE AND ANTHROPOMETRY**

Participant ID







Interviewer ID





Date Completed:

DD/ MM/ YY

**I. BLOOD PRESSURE AND PULSE RATE**

Instrument ID



Type of Measurement	1 <sup>st</sup> Reading	2 <sup>nd</sup> Reading	Difference between 1 <sup>st</sup> and 2 <sup>nd</sup>	Tolerance	3 <sup>rd</sup> Reading (if necessary)
Systolic BP	<input type="text"/>	<input type="text"/>	<input type="text"/>	10 mm Hg	
Diastolic BP	<input type="text"/>	<input type="text"/>	<input type="text"/>	6 mm Hg	
Pulse rate	<input type="text"/>	<input type="text"/>			

**II. ANTHROPOMETRIC MEASUREMENTS**

<b>1. Height (cm)</b>			Instrument ID <input type="text"/>		
Standing Height		<input type="text"/>	Comments:		
<b>2. Body circumferences (cm)</b>			Instrument ID <input type="text"/>		
Mid-arm	Clothing(√) None <input type="text"/> Light <input type="text"/> Heavy <input type="text"/>	Waist	Clothing(√) None <input type="text"/> Light <input type="text"/> Heavy <input type="text"/>	Hip	Clothing(√) None <input type="text"/> Light <input type="text"/> Heavy <input type="text"/>
<input type="text"/>		<input type="text"/>		<input type="text"/>	
<b>3. Skinfold Thickness (mm)</b>			Instrument ID <input type="text"/>		
Type of Measurement	1 <sup>st</sup> Reading	2 <sup>nd</sup> Reading	Difference between 1 <sup>st</sup> and 2 <sup>nd</sup>	Tolerance	3 <sup>rd</sup> Reading (if necessary)
Triceps	<input type="text"/>	<input type="text"/>	<input type="text"/>	1 mm	<input type="text"/>
Supra-scapular	<input type="text"/>	<input type="text"/>	<input type="text"/>	1 mm	<input type="text"/>
Supra-patellar	<input type="text"/>	<input type="text"/>	<input type="text"/>	1 mm	<input type="text"/>

Attach the print-out of body composition / bio-impedance measurement of the participant along with this form. Note any specific comments on the back of this form.